

Phased Multisite Cluster Randomized Trial Testing Screening, Brief Intervention, Referral to Treatment (SBIRT) for People that use Tobacco, Alcohol, and Non-Prescription Drugs

Principal Investigator: Robin Newhouse, PhD, RN, NEA-BC, FAAN

Dates of Support: 08/01/2017– 07/31/2019 **Total Award Amount:** \$200,000.00

Funding Agency: IU Health Values Fund Grand Challenge

Abstract:

Alarming rates of unhealthy alcohol, non-prescription drug, and tobacco use highlight the preventable health risks of substance abuse and the urgent need to advance behavioral health systems across the Indiana University (IU) Health system. Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an efficacious and effective strategy for the delivery of early intervention and treatment services for people with substance use disorders as well as for those who are at-risk for developing these disorders. The proposed phased cluster randomized trial of hospitals will inform SBIRT implementation methods for use across rural, community and urban settings across 14 acute care facilities throughout the IU Health system through a mixed methods approach. The long-term objective is to develop an SBIRT toolkit to disseminate and sustain SBIRT use to increase the screening of substance use, the delivery of brief interventions, and referral to treatment services. A broader dissemination throughout the state and nation will follow based on results of this study.