

# Clinical Nurse Specialist

## Alumni and Student Newsletter



May 2018

Indiana University School of Nursing

### Have you heard?

**Jan Powers, PhD, RN, CCNS, CCRN, CNRN, FCCM**, Director of Nursing Research at Parkview Regional Health System and IUSON Faculty, has been elected to the NACNS Board of Directors. Congratulations, Jan!

**Amy Shay, PhD, RN, APRN-CNS** has accepted the position of Track Coordinator for the CNS program. Amy joined the IUPUI Faculty last Fall as a Clinical Assistant Professor. Amy is an experienced critical care nurse and Pulmonary CNS. She is a former Clinical Assistant Professor at the University of Cincinnati and MSN Program Director at Northern Kentucky University. Welcome, Amy!

### Preceptor's Corner

The Annual CNS Preceptor Meeting will take place on Tuesday, May 15<sup>th</sup>, from 4:30p.m. to 6:30p.m. at the IU School of Nursing, Room NU127. A lite dinner will be served, and parking validation for Vermont Street Garage will be provided. If you plan to attend, RSVP to Lydia Lawrence at [lawrenly@iu.edu](mailto:lawrenly@iu.edu). Space is limited so RSVP early!

### Online Preceptor Program!

Many thanks to all our CNS student preceptors! If you haven't heard, IUSON and NACNS partnered to update and launch the new online CNS Preceptor Training program. **Developing Your Skills as a CNS Preceptor** can be found at: <http://nursing.iupui.edu/development/online-courses/cns-preceptor.shtml>.

### A First Year CNS Student's Reflections on the 2018 NACNS Conference

I just attended my first of many more NACNS conferences. I do not even know where to start with how attending the conference has impacted me. The opportunity to network, meet past presidents, other students, authors, and so many other individuals. The opportunity to grow through building knowledge has given me much-needed confidence to move forward was so inspirational and incredible. To meet and listen to individuals such as Janet Fulton and Melanie Duffy, who helped build the CNS role into what it is today, was amazing.

I plan to continue to attend and hopefully present sometime in the future at the NACNS conference. Broadening my knowledge of what to present, how to present, and taking the time to promote CNS work through presentations in the future would be a dream of mine. This will help build awareness, confidence, knowledge, and speaking skills.

One of the exciting events that happened to me was meeting other novice CNSs that started the role of a CNS in their organization. Listening to how they were able to keep records and show their worth to the organization was a tool that I can use in the future as I build a CNS role at my own organization. I spoke to a couple of these outstanding CNSs and have made plans to visit and learn more about their implementation process next year as I approach graduation. They were so open and welcoming to help me advance my

nursing practice and the CNS role at my hospital.

From the many sessions I attended, I gained valuable information and more knowledge of the importance of the three spheres of the patient, nurse and system in the CNS realm. Continuing to attend conferences, networking with other CNSs across the state and nationally, using the tools of the NACNS website, and gathering literature, journals, and textbooks, will all continue to help me grow as a CNS.

Getting to look at things through a CNS's perspective takes a lot of self-awareness and the confidence to stand up for what is right for the nurse and the patient. Attending the NACNS conference helped give me a broader perspective of the role of the CNS and how the CNS impacts nursing practice and patient outcomes.

- Julie Rieker, Adult-Gero CNS Student

## **Legislative Update: Indiana Senate Bill No. 410**

### **Summary of Senate Bill No. 410, Section 31. IC 25-23-1-19.5**

This bill changed our title and subsequent language in the bill from Advanced Practice Nurse to Advanced Practice Registered Nurse.

This bill also requires the state board of nursing to adopt rules concerning education and certification requirements that an APRN must meet to prescribe legend drugs. Effective July 1, 2018, APRNs who meet requirements are authorized to prescribe legend drugs, including controlled substances.

#### **Requirements include:**

- I. Submit application to the board
- II. Require applicant to satisfy the following:
  - A. Meet all qualifications for licensure as a RN
  - B. Successfully complete:

1. Education requirements determined by the board to be appropriate to the APRNs duties
2. A graduate level course in pharmacology providing at least 2 semester hours of academic credit

C. Be certified (or have the equivalency of certification from) an accrediting organization that has been approved by the board.

D. Either:

1. Provide documentation as requested by the board, that the applicant graduated before Dec 31, 1997, from an advanced, organized formal education program appropriate to the practice and that is acceptable to the board;

OR

2. Complete a graduate, postgraduate or doctoral APRN program from an accredited college or university.

III. Establish requirement for an APRN to comply with national certification or the certification's equivalence, including a portfolio equivalence, appropriate to the APRNs duties.

To view the bill in its entirety go to:

<http://iga.in.gov/static-documents/1/6/5/0/1650afed/SB0410.01.IN.TR.pdf>

## **Congratulations to these NACNS 2018 National Conference Presenters**

**Peggy Hollis**, St. Vincent Evansville.  
*Medical Surgical RN Residency: A CNS Success*

**Anita Shelley**, Indiana University Health.  
*Build It and They Will Come (Quality Outcomes)*

**Jo Tabler**, IU Health North. *CAUTI Reduction via Teamwork*

**Danette Culver**, Norton Women's & Children's Hospital. *From the Ground Up: Building a Clinical Nurse Specialist Position to Influence Sepsis Outcomes*

Lori Davies, **Marianne Hiles**, Frederick Memorial Hospital. *Bridging the Gap in Maternal Outcomes: A CNS Lead Interprofessional Team Approach to Decreasing Postpartum Hemorrhage and Improving Maternal Outcomes*

**Marianne Hiles**, Frederick Memorial Hospital. *Substance Use and Misuse Using the Three Spheres of Influence to Bridge the Gap in the Care of Mothers and Newborns Affected by Substance Use Disorder in Pregnancy*

**Rainey Martin**, Community Health Network. *Comprehensive, Multi-disciplinary care for Maternal Substance Use Disorders and Neonatal Abstinence Syndrome*

**Jan Powers**, Parkview Health. *CNSs Creating a Culture of Clinical Inquiry*

**Janet Fulton**<sup>1</sup>, Ann Mayo<sup>2</sup>, Jane Walker<sup>3</sup>, Linda Urden<sup>2</sup>, <sup>1</sup>Indiana University; <sup>2</sup>University of San Diego; <sup>3</sup>Purdue University Northwest. *A Description of Work Processes Used by Clinical Nurse Specialists to Improve Patient Outcomes*

**Carmen Davis**<sup>1</sup>, **Terrie Beeson**<sup>1</sup>, Kathleen Vollman,<sup>2</sup> <sup>1</sup>IU Health-University Hospital; <sup>2</sup>Advancing Nursing LLC. *Solving the CAUTI Puzzle: CNS Impact through Innovation and Resource Utilization*

**Jan Powers**, Parkview Health. *Effective Clinical Nurse Specialist Role Integration*

**Megan Hoffman**, Pamela Duncan, Moffitt Cancer Center. *Creating a Catalyst for Change: A CNS with a Vision Inspired by NACNS Conference*

**Shannon Page**<sup>1</sup>, **Staci Reynolds**<sup>2</sup>, **Tiffany Rader**<sup>1</sup>, <sup>1</sup>Indiana University Health; <sup>2</sup>Duke University Hospital and Duke University School of Nursing. *Stop Suspending the Sound, Smash Alarm Fatigue*

**Jan Fulton**, Indiana University School of Nursing. *Writing for Publication Workshop*

**Marti Michel**, Riley Hospital for Children. *Pulling the Pieces Together: Leveraging CNS Influence to Prevent Pressure Injuries in the PICU*

**Vince Holly**, NACNS President. *Opening Session Speaker*

## Fellowships in Geriatrics

Adult Clinical Nurse Specialist students **Jessica Green** and **Laurie Webb** recently completed the **Indiana Geriatrics Education and Training Center Fellows (IGETC)** program. Fellows were selected from master's in social work, nurse practitioner and clinical nurse specialist majors. Fellows participated in the care of older adults in a variety of practice settings within a multidisciplinary team. Jessica and Laurie were outstanding Fellows!

**IGETCs** mission is to prepare the incoming health care workforce to effectively address the needs of older adults and their families by training students through inter-professional geriatrics clinical experiences. IGETC is **now offering** another yearlong (2 semesters) intensive geriatrics clinical experience to select Advanced Practice Nursing (APN) students. Students selected for this opportunity will actively engage in in-depth geriatrics clinical experiences. The deadline for applications is **June 4, 2018**.

Adult Gerontology CNS students interested in learning more about the **Indiana Geriatrics Education and Training Center Fellows** program should discuss the program with **Dr. Amy Shay, Adult**

**Gerontology CNS** Track Coordinator at the beginning of clinical course NURS-M570.

## Dayhoff/CIO-CNS Fellowship

The Fellowship was established to provide financial support for CNS students and to help assure the future of CNS practice. The first fellowship will be awarded in Fall 2018.

Please consider making a gift today by going to [www.myiu.org](http://www.myiu.org). Click on the area titled, Write In Gift Area, and insert the name of the Fellowship, CIO-CNS/Dayhoff Clinical Nurse Specialist Fellowship. If you prefer to mail your payment click on the Give Now Button in the left corner on this same page. Click on Payment Options, click on Mail Your Gift and print off the PDF contribution form. For more information, or if you have questions, contact Janet McCully at 317-274-4293 or [jmccully@iu.edu](mailto:jmccully@iu.edu)

## Professional Awards

IUSON faculty member and certified CNS **Dr. Kim Decker** has been named a recipient of the IU School of Nursing Dean's Faculty Award for Partnerships. She was recognized on May 2017. Congratulations Dr. Decker!

Congratulations to **Dr. Janet Fulton**, Dr. Julie Otte, Nikki Benbow and Nathan Loyd for acceptance on their proposal for the 2018-2019 Block Grant from the IUPUI Graduate School to support the IUSON PhD program!

**Dr. Janet Fulton** has been awarded the 2018 President's Award and Educator of the Year for her extraordinary service to NACNS and outstanding professional achievement as a CNS educator.

**Dr. Sue Storey** has been competitively selected for the prestigious National Institute of Nursing Research (NINR)

Summer Genetic Institute (SGI) for this summer.

**Dr. Rebecca Ellis** was awarded the Midwest Nursing Research Society Self-Care Research Interest Group New Investigator Award for 2018.

## Library Assistance

IUSON Librarian, Caitlin Pike, is available for in-person or online appointments. You can contact Caitlin at [caiapike@iupui.edu](mailto:caiapike@iupui.edu)

### Services Provided:

- Grant and Funding Searches
- Consultation for Literature Searches
- Data Management Plans
- Covidence Training and Troubleshooting (New Systematic Review Software)
- Endnote Training and Troubleshooting
- Assistance with Journal Selection
- NIH Public Access Policy Compliance
- Suggestions to Increase Citation Counts
- Citation Tracking for P&T

## Congratulations Graduates!

### PhD

Congratulations Lori Catalano, JD, MSN, RN, CCNS, PCCN, who just completed her PhD and is graduating May 2018!

### DNP

Congratulations to CNS Tera Hornbeck, RN, MSN, AGCNS-BC, who is graduating with a post-MSN DNP in May 2018!

## Spring 2018 CNS Graduates

Amanda Galik  
Alison Gibson  
Jessica Green  
Sharryl Overdorf  
Tiffany Rader

Laurie Webb  
Wendy Bowling  
Nikkita (Adams) Moore  
Natalie Baird  
Erin (Bradley) Chapman

## New Admissions

Welcome to our new clinical nurse specialist students starting in Fall, 2018.

Mary Bachus  
Lauren Black  
Jessica Jackson  
Marney Ketterman  
Jennifer Richard  
Natalie Zipper  
Kathleen Betbadal  
Claire Detrich  
Courtney Greenfield  
Brian Hacker  
Amber Hinton  
Jillian Kulesa  
Amy Leach  
Samantha Lichti  
Melanie Shoforth-Marksteiner  
Marietta, Bobbi  
Melton, Jayme

For more information about CNS program enrollment, contact Colleen Cleary at (317)274-2806 or [colclea@iu.edu](mailto:colclea@iu.edu).

## Financial Resources for Graduate Students

Students pursuing a graduate degree from the Indiana University School of Nursing can take advantage of a number of resources to help fund their education. **Scholarships** are available for graduate nursing students. The IUPUI Office of Student Scholarships offers an online resource for scholarship information and applications. Students can access details about campus-based scholarship awards as well as helpful tips on searching for external scholarships available through other agencies and organizations. Visit

<http://scholarships.iupui.edu/> for more information. The Indiana University School of Nursing also awards over \$700,000 in scholarships each year to current undergraduate and graduate students.

For detailed information about available awards, please visit <http://nursing.iupui.edu/graduate/tuition/scholarships.shtml>. In addition to institutional and private scholarships, students can also explore scholarships from national nursing organizations. The American Association of Colleges of Nursing (<http://www.aacn.nche.edu/students/scholarships>) and Johnson & Johnson (<http://www.discovernursing.com/scholarships>) are excellent resources for information about national nursing scholarships.

**Federal student loans**, including the Federal Direct Unsubsidized Loan and Federal Direct Graduate PLUS Loan programs, are also available for graduate students. These loans offer affordable interest rates and flexible repayment plans to assist students in covering their tuition, fees, book costs, and other educational expenses. For students interested in teaching, the **Nurse Faculty Loan Program (NFLP)** provides loan funds to help registered nurses complete a graduate education to become qualified nurse faculty. Participating IU School of Nursing students who agree to complete a core component of education-related courses in a qualifying program can receive NFLP funds to help cover the costs of their tuition, fees, and books. Following graduation, students who secure employment as full-time nursing faculty at an accredited school of nursing are eligible to receive a low interest rate, deferred repayment, and partial loan cancellation. Students maintaining full-time faculty employment for 4 years after graduation can have 85 percent of their loan forgiven.

Many graduate students also utilize **alternative financial aid resources** to help fund their graduate education. Veterans and

members of the U.S. Armed Forces and their dependents may be eligible to receive financial assistance for their education. Visit <http://veterans.iupui.edu/> for additional information. Many of our students also take advantage of tuition assistance or reimbursement through their employer.

For answers to your questions and information about available financial resources for Indiana University School of Nursing graduate students, please contact Nathan Loyd, Assistant Director of Student Financial Services, at (317) 274-5913 or [gradaid@iupui.edu](mailto:gradaid@iupui.edu).

## **Publications** Students, Faculty, Alumni and Preceptors

**Decker, K. A.,** Hensel, D., Kuhn, T. M., & Priest, C. (2017). Innovative implementation of social determinants of health in a concept based curriculum. *Nurse Educator*, 42 (3), 115-116.  
[doi.org/10.1097/NNE.0000000000000330](https://doi.org/10.1097/NNE.0000000000000330)

Moorman, M., Hensel, D., **Decker, K. A.,** & Busby, K. (2017). Learning outcomes with visual thinking strategies in nursing education. *Nurse Education Today*, 51, 127-129.  
<http://dx.doi.org/10.1016/j.nedt.2016.08.020>

**Embree, J.L. (2018).** Unity in Nursing: Being Part of the Team. *Indiana State Nurses Association Bulletin* (45) 1, 1.

**Embree, J.L. (2017).** Healthy Nurse Healthy Nation – Your Voice, Your Choice, Your Call! *Indiana State Nurses Association Bulletin* (44)1, 1.

**Embree, J.L.,** Wagnes, L., LaMothe, V.L, Hendricks, S.L, Halstead, J.A., & Wright, L., (2018). Empowering Nurses to Lead Interprofessional Collaborative Practice Environments through a Nurse Leadership Institute. *The Journal of Continuing Education in Nursing*, 49 (2) 61-71.

**Embree, J.L.,** Meek, J., Ebright, P. (2018). Voices of chief nurse executives informing a doctor of nursing practice program. *Journal of Professional Nursing*, 34,12-15.  
<https://doi.org/10.1016/j.profnurs.2017.07.008>

**Kitchens, J., Fulton, J., Maze, L. (2018).** Patient and family description of receiving care in acuity adaptable care model. *J Nurs Manag* 1-7 DOI: 10.1111/jonm.12618

**Gates, S. & Brown, J. (2017).** Preparing nursing and social work students to care for patients in acute alcohol withdrawal. *Journal of Addictions Nursing*, 28(3), 143-147. doi: 10.1097/JAN.0000000000000178.

Ellis, JL, Altenburger, P., & **Lu, Y. (2017).** Change in depression, confidence and physical function among older adults with mild cognitive impairment. *Journal of Geriatric Physical Therapy*. E1-8. Oct. DOI: 10.1519/JPT.0000000000000143, PMID: 29059120

Brown E., **Lu Y.,** Beaven, L., Hansen K, Carvell, C, Hendrie H., & Austrom MG, (2017). Engagement and Quality of Life in Underrepresented Older Adults: A Community-based Participatory Research Project. *Narrative Inquiry in Bioethics*, 7(1): E7-E9.

**Powers, J.,** Luebbehusen, M., Aguirre, L., Cluff, J., David, MA, Holly, V., Linford, L., Park, N., Brunelle, R. (2018). Improved safety and efficacy of small-bore feeding tube confirmation using an electromagnetic placement device. *Nutrition in Clinical Practice*.

Von Ah, D., **Storey, S.,** & Crouch, A. (2017). Relationship between self-reported cognitive function and work-related outcomes in breast cancer survivors. *Journal of Cancer Survivorship*. 10.1007/s11764-017-0664-6

**Storey, S.**, Gray, T. & Bryant, A. (2017). Comorbidity, physical function, and quality of life in older adults with acute myeloid leukemia. *Current Geriatrics Review*. 6(4), 247-254 doi: 10.1007/s13670-017-0227-8 <https://doi.org/10.1007/s13670-017-0227-8>

**Storey, S.**, Von Ah, D., & Hammer, M. J. (2017). Measurement of hyperglycemia and impact on health outcomes in people with cancer: challenges and opportunities. *Oncology Nursing Forum*. 44(4), 141-151. Doi: 10.1188/17.ONF.E141-E151

## Presentations

### Students, Faculty, Alumni and Preceptors

**Decker, K.**, Zhang, A., Garletts, D., Clay, M., Sherwood-Laughlin, C. (2017). *Health Science Students Working Together to Prevent Substance Abuse: implementation of an evidence-based program in a rural Indiana elementary school*. Interprofessional Practice and Education Conference in Indianapolis, IN, November

**Decker, K.**, Garletts, D., Krothe, J. (2017). *Implementation of an Inter-professional Evidence Based Health Promotion Project*. American Public Health Association Annual Meeting, Atlanta, GA, November.

**Decker, K.**, Ball, S., Garletts, D., Titzer, J., Watts, P. (2017). *An Inter-professional Community Health Partnership to Promote Identified Public Health Needs*. Association of Community Health Nursing Educators Annual Institute, Baltimore, MD, June.

Swider, S., Vandenhouten, C., **Decker, K.**, Hoffman, J. Drake, M.A., Charles, M. (2017). *Moving the Needle: Influencing the Future of Healthcare through Enhanced Public Health Nursing Content in the Curriculum*. Association of Community Health Nursing Educators Annual Institute Plenary Session, Baltimore, MD, June.

Chung, S., Hacker, E. Bakas, T., Rawl, S.; Jones, J., **Ellis, R.** & Welch, J. (2018). *The Multidimensional Post Kidney Transplant Self-Management Scale: Development and Psychometric Testing [Poster]*. Midwest Nursing Research Society Annual Research Conference, Cleveland, Ohio, April.

Mravec, M., Malloy, C., Boyer, K., Wickham, A., Mabry, K., **Bartlett Ellis, R.J.** (2018). *Coding Medication Management App Screenshots Using Behavior Change Techniques. [Poster]*. Midwest Nursing Research Society Annual Research Conference, Cleveland, Ohio, April.

**Bartlett Ellis, R.J.**, Welch, J.L., Zimmerman, L., Russell, C.L., Perkins, S. Decker, B. (2018). *Feasibility of an Intervention to Slow Progression of Chronic Kidney Disease*. American Nephrology Nurses' Association (ANNA) in Las Vegas, NV, April.

Mullane, S., Takemoto, M.L., **Bartlett Ellis, R.J.** Mann, D. (2018). *User-centered Design in Behavioral Medicine: Methods for Pragmatic Interventions*. 39th Annual Meeting and Scientific Sessions, April.

**Bartlett Ellis, R.** (2018). Talk Title: *Co-designing Mobile Health Technology for Medication Management: Involving Target Users in the Design Process [Symposium]*. Society of Behavioral Medicine.

**Embree, J.L.** (2018). *Video Presentation as part of a Bullying In Nursing-Nurse Communication*. Sigma. Educational web-based module. Indianapolis, IN.

Kitchens, J. Fulton, J., **Embree, J.L.** (2017). *Evaluation of a Fall Prevention Program [Poster]*. Indiana Center for Nursing Annual Summit Carmel, IN, November.

Dzurec, L., **Embree, J.L.**, Howard, M. (2017). *Bullying and Toxic Work Environments*. Sigma Theta Tau Bicentennial, Indianapolis, IN, October.

**Powers, J.** (2018). *Creating a Culture of Clinical Inquiry*. NACNS National Symposium, Austin, TX, February.

**Powers, J.** (2018). *CNS Role Integration*. NACNS National Symposium, Austin, TX, February.

**Storey, S.,** Cohee, A., Gathirua-Mwangi, W. G., & Champion, V. (2018). *The Role of Comorbid Diabetes on the Symptoms of Breast Cancer Survivors*. Society of Behavioral Medicine, New Orleans, LA, April.

**Storey, S.,** Pittman, J., Cohee, A., Wagnes, L., LaMothe, J., LaPradd, M., & Newhouse, R. (2017). *Inclusive Inquiry with Impact: Assessment of an Evidence-based Practice Infrastructure across a Statewide Health System [Poster]*. Inaugural Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing and Healthcare Summit: Transforming Healthcare Through Evidence-based Practice. Columbus, OH, October.

Wagnes, L., Cohee, A., LaMothe, J., Newhouse, R., Pittman, J., **Storey, S.** (2017). *Building Infrastructure for Evidence-Based Practice Using Multi-Modal System-Wide RN Training Strategies [Poster]*. 2017 Indiana Nursing Summit of the Indiana Center for Nursing, Carmel, IN, November.

LaMothe, J., Pittman, J., **Storey, S.,** Cohee, A., Wagnes, L., Newhouse, R. (2017). *Descriptive Results of IU Health Nurse Perception of Evidence-Based Practice (EBP) Infrastructure*. 43<sup>rd</sup> Annual Nursing Research Conference, IU Health Methodist, Indianapolis, IN, December.

Pittman, J., Chase, L., **Storey, S.,** Cohee, A., LaMothe, J., Wagnes, L., Newhouse, R. (2018). *A Systematic Approach to Building Evidence-Based Practice Infrastructure*. AONE: Inspiring Leaders, Indianapolis, IN, March.

## Questions for the Master's Advisor?

If you have any questions regarding any of our masters programs, please contact Colleen Cleary at (317)-274-2806 or [colclea@iu.edu](mailto:colclea@iu.edu).

## Social Media

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## CNS Newsletter Submissions

The CNS Newsletter is electronically published and widely distributed bi-annually in the Fall and Spring.

It can be found on our website at <http://nursing.iu.edu/graduate/careers.shtml> or at [CNS Newsletter](#).

If you are an IU alumnus (a) or student and have something to include in the newsletter, please send to Lydia Lawrence at [lawrenly@iu.edu](mailto:lawrenly@iu.edu).