

Title: HYBRID CONCEPT ANALYSIS: CHRONIC DISEASE SELF-MANAGEMENT AMONG SOUTH ASIAN IMMIGRANT WOMEN IN THE US

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Abstract:

Poor sleep is among the most frequent, yet least addressed, health concern among women during the Chronic Disease Self-Management (CDSM) emphasizes the patient's central role in managing his/her disease. Understanding CDSM in patient populations requires health care providers and researchers to account for cultural differences. Living with a chronic disease can be especially challenging for first-generation immigrant women living in the U.S. Coming from patriarchal cultures in South Asia, those immigrant women face unique challenges that are not yet well understood. Understanding the health behaviors of these women in managing chronic diseases is important to reduce health disparities and improve overall health. A conceptual definition of CDSM for South Asia immigrant women will provide support for future interventions that are culturally appropriate and address their specific barriers to self-management.

Objective: The aim of this study to analyze the concept of CDSM among immigrant women from South Asia currently living in the United States.

Research Design: A hybrid concept analysis will be conducted. This method has three phases: literature review, field work, and analysis.

Subject Population: For field work phase, we will interview 5 immigrant women (n=5).