

Clinical Nurse Specialist

Alumni and Student Newsletter



May 2017

Indiana University School of Nursing

Have you heard?

Janet S. Fulton, PhD, RN, ACNS-BC, ANEF, FAAN has been appointed to the position of **Associate Dean for Graduate Programs** at the **Indiana University School of Nursing**. Dr.

Fulton is a professor with many years of experience as a practicing CNS and CNS educator in the area of adult health with a focus in oncology and gerontology. She has actively promoted the CNS role and practice nationally and internationally, having served as a member of the Executive Committee for the American Nurses Association Council of Clinical Nurse Specialists, president of the National Association of Clinical Nurse Specialists and coordinator of the CNS Specialist Interest Group for the Oncology Nursing Society. Dr. Fulton has two published editions of the textbook *Foundations of Clinical Nurse Specialist Practice*; the second edition received AJN Book of the Year Award from the American Journal of Nursing. For the past 10 years has served as the Editor of *Clinical Nurse Specialists: The Journal for Advanced Nursing Practice*.

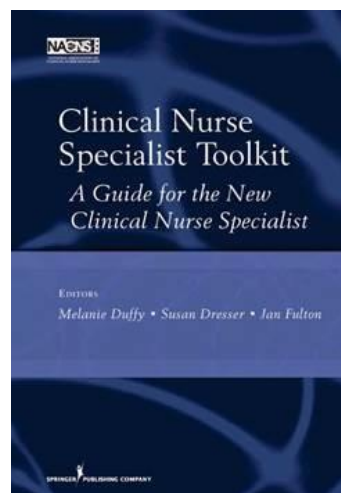
Congratulations Jan!

Preceptor's Corner

The Annual CNS Preceptor Meeting will take place on Wednesday, May 11, 2016, from 4:30 p.m. to 6:30 p.m. at the IU School of Nursing, Room NU 127. A lite dinner will be served, and parking validation for Vermont Street Garage will be provided. If

you plan to attend, [RSVP to Jasmine Mosley](#). Space is limited so RSVP early!

AJN Book of the Year



The American Journal of Nursing (AJN) awarded 2nd place to ***Clinical Nurse Specialist Toolkit: A Guide for the New Clinical Nurse Specialist*** (2nd ed.) for the advanced practice category. Melanie Duffy, Susan Dresser and **Janet S. Fulton**, Editors. IUSON alumnae and faculty contributors include:

- Chapter 3: Finding a Place in the Organization – **Jan Powers**
- Chapter 9: Using the Internet: Guide to Internet-based Resources – **Barb M. Friesth** and Susan K.B. Jones
- Chapter 10: Leading Groups – **Melissa Lowder**
- Chapter 15: Reporting Out: Communicating with Multiple Audiences – Melanie Duffy and **Janet S. Fulton**
- Chapter 20: Participating in Interprofessional Education – **Jennifer L. Embree** and **Janet S. Fulton**

- Chapter 25: Secrets of a Joyful Life as a Clinical Nurse Specialist – **Janet S. Fulton**

Congratulations PhD Graduates!

Mitch Knisely graduated with his PhD on June 30, 2016, and is now completing a post-doc at University of Pittsburgh.

Jenny Malita successfully defended her dissertation titled, "*The decision making process in women diagnosed with estrogen receptor positive breast cancer experiencing side effects related to oral endocrine therapy*". She will be awarded her PhD on May 14, 2017

Fellowships in Geriatrics

Adult Clinical Nurse Specialist students **Laura Basham** and **Ruby Elliott** were selected for the **Indiana Geriatrics Education and Training Center Fellows** program. Fellows are selected from master's in social work, nurse practitioner, and clinical nurse specialist majors. They participate in the care of older adults in a variety of practice settings within a multidisciplinary team.

Laura describes her clinical experiences with **GRACE** (Geriatric Resources for Assessment and Care of Elders) team from the VA Hospital as having "really opened my eyes to the reality patients face once they are discharged from the hospital. I not only feel more confident in my ability to identify and address issues the older adult may experience, but also realize how much work there is to be done on the inpatient side to help these individuals successfully transition home."

Ruby shares, "I found this to be a unique and rewarding experience. I could complete my clinical experience with care providers that specialized in my field of interest. I also got more in-depth training on topics of concern when caring for older adults, as well as information about how other disciplines can assist with providing patient care.

Adult Gerontology CNS students interested in learning more about the **Indiana Geriatrics Education and Training Center Fellows** program should discuss the program with **Dr. Jan Powers, Adult Gerontology CNS** track coordinator at the beginning of clinical course NURS-M570.

Jan S. Fulton PhD, RN, ACNS-BC, ANEF, FAAN, Program Director, Clinical Nurse Specialist Tracks, was selected to receive an Indiana University Trustee Teaching Award for outstanding contributions to teaching

Dayhoff/CIO-CNS Fellowship

IU School of Nursing is continuing to accept gifts to support the **CIO-CNS Fellowship** and the generosity of Nancy Dayhoff, IUSON faculty emerita. The scholarship was established to provide financial support for CNS students and to help assure the future of CNS practice. The plan is to award the first fellowship in Fall, 2018. Please consider giving today. [Contact Janet McCully](#) for more information.

NACNS Elects New Officers

Congratulations all around to Indiana CNSs recently elected to serve on the 2017-2018 National Association of Clinical Nurse Specialists (NACNS) Board of Directors:

President: **Vince Holly, MSN, RN, CCRN, CCNS**

Board Member: **Jo Ellen Rust, MSN, RN, CNS**

Nominating Committee: **Brandee Wornhoff, MSN, RN, CNS-BC**

Emergency Nurses Elect New Board

Ron Kraus MSN, RN, CEN, ACNS-BC was elected to the Emergency Nurses Association National Board of Directors serving a 3-year term starting January 1, 2017.

A Note from Graduate Tasha Searles

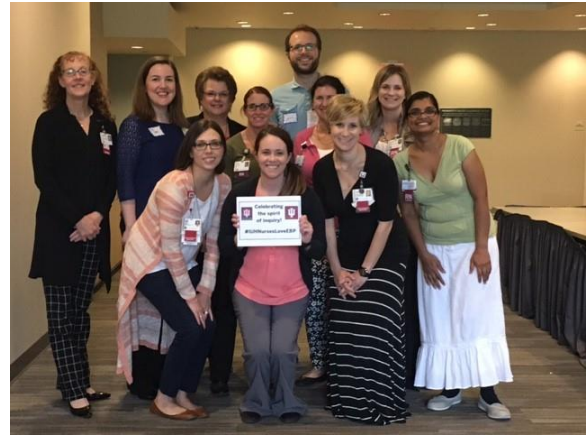
Hi! I graduated from the Adult Gero CNS program December 2015 and promptly moved to Portland, Oregon where I took a position requiring an MSN, but not CNS degree, working in a weight management/ bariatric surgery/ diabetes outpatient clinic. CNSs, I learned, definitely are not used to full potential out here. The hospital CEO and all management personnel below him were not aware that CNSs were Advanced Practice Nurses and could do more than nursing education and research. With a good deal of work over the past year (and assistance from a coworker, who is a fellow Midwesterner and dual trained NP/ CNS) I am officially the first CNS within Legacy Health who is credentialed and can practice to full scope! I will continue with my practice in patient and staff education, patient navigation, and program development, but will also see patients for individual weight management visits, pre-operative assessments, and post bariatric surgery follow-up visits. Dr. Fulton always pushed us to go above and beyond, and be involved in change, so I just wanted to share this and thank IUSON for all I learned in the program!

Professional Awards

IUSON faculty member and certified CNS **Dr. Rebecca Ellis** has been named a recipient of the IU Trustees Teaching Award for 2017. She was recognized at the IUPUI Chancellor's Academic Honors Convocation on April 12, 2017. Congratulations Dr. Ellis!

CNSs at IUH Lead EBP Initiative

CNSs at Indiana University Health are providing leadership for the system-wide Evidence-based Practice initiative. Here are just a few of the CNSs supporting the rollout of the program! Go team!!!!



Grants and Funding Awards

Dr. Yvonne Lu was awarded funding as a co-investigator of the Indiana Alzheimer's Disease Center Outreach and Recruitment Core! This is the 30th year the center has been funded. The renewal brings \$10.6 million in new funding to the School of Medicine.

Dr. Susan Rawl, received \$2,585,905 from the Patient-Centered Outcomes Research Institute (PCORI) for her grant titled "Comparing interventions to Increase Colorectal Cancer Screening in Low-Income and Minority Patients."

Library Assistance

When: Every Tuesday, from 1-3 p. m.
No appointment necessary

Where: Center for Research & Scholarship NU 338C

Contact: [Caitlin Pike](#)

Services Provided: *Literature searches, End Note help, Classroom Instruction Consultation, Citation accounts for P & T*

Prescriptive Authority

Clinical nurse specialists are eligible to apply for "prescriptive authority" as advanced practice nurses in the state of Indiana if they have completed an advanced pharmacology course and met other requirements. [Check out the Indiana PLA website for details.](#)

Graduates

Fall 2015 MSN Graduates

Congratulations to the following CNSs who are graduating with a post-MSN DNP, spring 2017!

Madelyn May, Michelle Peck

Fall 2016 MSN Adult/Gero CNS Graduates

Karen Denise Kerley

Spring 2017 MSN Adult/Gero CNS Graduates

Laura Baham, Ruby Elliott, Lindsey May, Michelle Wright

New Admissions

Welcome to our new clinical nurse specialist students starting in fall 2017.

Adult Gerontology CNS Students

Julie Airhart, Maryann Anthis, Christina Brown, Andrea Conley, Rebecca Craddock, Twila Dawn Drummond, Kimberly Lynn Flowers, Cary Ann Gibbs, Jennifer Kesler, Brittany Myers, Amanda Kay Obourn, Janette Richardson, Brooke Nicole Shuler, Alexandra R. Thullen, Maria Renee Thurston, Tiffani Tobe, Kelly Jo Woker

For more information about CNS program enrollment, [contact Colleen Cleary](#) at 3170-274-2806.

Financial Resources for Graduate Students

Students pursuing a graduate degree from the Indiana University School of Nursing can take advantage of a number of resources to help fund their education.

Scholarships are available for graduate nursing students. The IUPUI Office of Student Scholarships offers an online

resource for scholarship information and applications. Students can access details about campus-based scholarship awards as well as helpful tips on searching for external scholarships available through other agencies and organizations. [Visit the Office of Student Scholarships](#) for more information. The Indiana University School of Nursing also awards over \$700,000 in scholarships each year to current undergraduate and graduate students.

For detailed information about available awards, please [visit IU School of Nursing Scholarships](#). In addition to institutional and private scholarships, students can also explore scholarships from national nursing organizations. The [American Association of Colleges of Nursing](#) and [Johnson & Johnson](#) are excellent resources for information about national nursing scholarships.

Federal student loans, including the Federal Direct Unsubsidized Loan and Federal Direct Graduate PLUS Loan programs, are also available for graduate students. These loans offer affordable interest rates and flexible repayment plans to assist students in covering their tuition, fees, book costs, and other educational expenses. For students interested in teaching, the **Nurse Faculty Loan Program (NFLP)** provides loan funds to help registered nurses complete a graduate education to become qualified nurse faculty. Participating IU School of Nursing students who agree to complete a core component of education-related courses in a qualifying program can receive NFLP funds to help cover the costs of their tuition, fees, and books. Following graduation, students who secure employment as full-time nursing faculty at an accredited school of nursing are eligible to receive a low interest rate, deferred repayment, and partial loan cancellation. Students maintaining full-time faculty employment for 4 years after graduation can have 85 percent of their loan forgiven.

Many graduate students also utilize **alternative financial aid resources** to help fund their graduate education. Veterans and members of the U.S. Armed Forces and their dependents may be eligible to receive

financial assistance for their education. [Visit IUPUI Office for Veterans and Military Personnel](#) for additional information. Many of our students also take advantage of tuition assistance or reimbursement through their employer.

For answers to your questions and information about available financial resources for Indiana University School of Nursing graduate students, please [contact Nathan Lohr](#), Assistant Director of Student Financial Services, at 317-274-5920.

American Assembly for Men in Nursing

AAMN is the only professional organization for nurses that has improved gender inclusion in nursing profession by offering an environment of belongingness and collective learning for its members to excel in the profession. IU Health AAMN is the only chapter in the state of Indiana. It is open to men and women with membership ranging from nursing students to nursing professionals.

Regular chapter meetings held every third Tuesday. [Check out the AAMN website](#) Questions? [Contact Marsha Baker](#).

Publications

Students, Faculty, Alumni and Preceptors

Bartlett Ellis, R.J., Larsen, K.R., Michie, S., Hekler, E.B., Bryam Gibson, R., Spruijt-Metz, D., Ahern, D., Cole-Lewis, H., Hesse, B., Moser, R.P., Jean Yi, J. (2016). Behavior change interventions: The potential of ontologies for advancing science and practice. *Journal of Behavioral Medicine*, 1-17. doi:10.1007/s10865-016-9768-0

Bartlett Ellis, R.J., Knisely, M., Boyer, K. Pike, C. (In press). Pillbox intervention fidelity in medication adherence research: A systematic review. *Nursing Outlook*. doi:10.1016/j.outlook.2016.12.011

Bartlett Ellis, R.J., Werskey, K., Stangland, R., Ofner, S., & Bakoyannis, G. (In press). Using HCAHPS data to model correlates of medication understanding at hospital discharge. *Nursing: Research and Reports*.

Bartlett Ellis, R.J., Eisert, S., Werskey, K., & Geers, J. (2016). Using national measures of patient's perspectives of healthcare to design and debrief clinical simulations. *Nursing Education Perspectives*. doi: 10.1097/01.NEP.0000000000000078

Ellis, R., Keen, A., Lancaster, S., **Embree, J.** (In press). Enhancing nurse knowledge and attitudes about medication management for hospitalized patients with persistent pain. *The Journal of Continuing Education in Nursing*

Embree, J. L., & Yueh-Feng Lu, Y. (2016). Civic engagement experiences of students preparing for roles as clinical nurse specialists. *In Nursing Forum*. (Online Release).

Embree, J.L. (2016). NFLA gave lift to my leadership journey: Nurse faculty leadership academy helped me spread my wings. *Sigma Theta Tau Reflections on Nursing Leadership*. Available at: http://www.reflectionsonnursingleadership.org/Pages/Vol42_2_STTI_NFLA_Embree.aspx

Fulton, J.S. (2016). Advice to a new author. *Clinical Nurse Specialist*, 30(6), 313-314.

Hensel, D., Moorman, M., Decker, K. A., Busby, K. (2016). Learning outcomes with visual thinking strategies in nursing education. *Nurse Education Today*. doi: <http://dx.doi.org/10.1016/j.nedt.2016.08.020>

Hensel, D., (2016). Q-methodology: An alternative design for undergraduate nursing honors research. *Journal of Nursing Education*, 55(11), 659-662. doi:10.3928/01484834-20161001-10

Lu, Y. F. Bakas, T., Yang, Z., Stump, T., Weaver, M. T., & Austrom, G. M., & Haase, J. E. (2016) Feasibility and effect sizes of the revised daily engagement of meaningful activities intervention for persons with mild cognitive impairment and their caregivers. *The Journal of the Gerontological Nursing*, 42(3): 45-58. Special Issue: No pharmacological interventions for individuals with dementia. March 1, 2016; doi10.3928/00989134-20160212-08. NIHMSID 768562

Lu, Y. F., Ellis, J. E., Yang, Z., Weaver, M. T., Bakas, T., Austrom, G. M., & Haase, J. E. (2016) Satisfaction with a family-focused intervention for mild cognitive impairment dyads. *Journal of Nursing Scholar*, 48(4): 334-344. July 2016; doi 10.1111/jnu.12214, NIHMS802507

Powers, J. (2016). A comparative study of two methods for turning and positioning and the effect on pressure ulcer development. *JWOCN*; 43(1),46-50.

Powers, J. (2016). Accuracy of electromagnetic placement devices [Letter to the Editor]. *American Journal of Critical Care*; 25(3), 198-199.

Powers, J., Albert, N. M., Rice, K. L., Waldo, M. J., Bena, J. F., Mayo, A. M., Morrison, S. L., Westlake, C., Ellstrom, K., & Foster, J. (2016). Clinical nurse specialist roles in conducting research: Changes over 3 years. *Clinical Nurse Specialist*; 30(5): 292-301, September/October 2016.

Powers, J. (2016). Finding a place in the organizational structure. In M. Duffy, S. Dresser & J. Fulton, *Clinical Nurse Specialist Tool Kit, 2nd Ed.* NACNS. New York, NY: Springer.

Powers, J. (2016). Impact of an aseptic procedure for breaking the integrity of the urinary drainage system on the development of catheter-associated urinary tract infections in the intensive care unit. *Intensive and Critical Care Nursing*, 37, 82-85.

Powers, J. M., Jensen, C. D, Stark, J. T, Jacobson, L. L, Joseph, M. F, Kinsella-Shaw, J. M, & Denegar, C. R. (2016). Improved outcomes associated with the liberal use of thoracic epidural analgesia in patients with rib fracture pain *Medicine*; <http://dx.doi.org/10.1093/pm/pnw199> first published online: 22 August 2016.

Storey, S., Brown, J., Foley, A. Newkirk, E., **Powers, J.**, Barger, J. & Paige, K. (2016). A comparative evaluation of antimicrobial coated versus non-antimicrobial coated peripherally inserted central catheters on associated outcomes: A randomized controlled trial. *American Journal of Infection Control*, 44(6), 636-641.

Storey, S., & Von Ah, D. (2016). Impact of hyperglycemia and age on health outcomes in patients with acute myeloid leukemia. *Oncology Nursing Forum*. 43(5), 595-601. doi:10.1188/16.ONF.595-601

Storey, S. Von Ah, D., Tallman, E., Nielsen, A., Johns, S. A. & Pressler, S. J. (2016). Cancer, cognitive impairment and work-related outcomes: An integrative review. *Oncology Nursing Forum*. 43(5), 602-616. doi:0.1188/16.ONF.602-616

Thoele, K. (2016). Professional practice. In B. Faiman (Ed.), *BMTCN Certification Review Manual* (261-294). Pittsburgh, PA: Oncology Nursing Society.

Whited, L., Grove, M., Rose, D., Rhodes, N. J., Scheetz, M. H., O'Donnell, J. N., Neeb, J., **Thoele, K.**, Jones, D. R., Moore, D., & Kiel, P. J. (in press). Pharmacokinetics of cefepime in cancer patients with febrile neutropenia following chemotherapy treatment in the setting of hematologic malignancies or hematopoietic cell transplantation. *Pharmacotherapy*.

Presentations

Students, Faculty, Alumni and Preceptors

Deckard, M. E. (2017). *Targeted Temperature Management Post Cardiac Arrest: A Descriptive Analysis of 33°C*. The 46th Critical Care Congress, Society of Critical Care Medicine, Honolulu, HI, January.

Embree, J. L. (2016). *DNP Shark Tank Deep Dive*. The Annual National DNP Conference Pre-Conference Workshop, Baltimore, MD, October.

Embree, J. L. (2016). *Leadership Transformation*. The 2016 Sigma Theta Tau Leadership Connection, Indianapolis, IN, September.

Embree, J. L. (2016). *My Leadership Transformation*. 2016-2017 Nurse Faculty Leadership Academy Cohort, Indianapolis, IN.

Hansell, K. (2017). *Bundles, Innovation, Cost of Care and Marketing*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

Hoffman, M., & Wagberowski, M. (2017). *CNS Collaboration Across the Care Continuum*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

Hoffman, M., & Larson, A. (2017). *Establishing an Inactive Affiliate to Advocate for Clinical Nurse Specialist Practice*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

Keen, A., Holly, V., Davis, C., Balaguras, J., & Compton, L. (2017). *Alcohol Withdrawal Assessment & Management Conquering Change Across a Health Care System*. 2017 NACNS Annual Conference, Atlanta, GA, March.

Kitchens, J., Onuorah, E., Smith, C., Hazlett, T., Arebun, J., & Fulton, J. (2017). *Reducing Mislabeled and Unlabeled Specimens in Acuity Adaptable Units*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

Kitchens, J., Maze, L., & Fulton, J. (2017). *Staff Description of Acuity Adaptable Care Model*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

Levitt, F. (2016). *The Role of Perioperative Services in the Prevention of Hospital Acquired Infections*, ISNA Convention, Indiana State Nurses Association (ISNA), Kokomo, IN, September.

Loice, O., & Ebright, E. (2017). *Implementing Guided Self-Determination (GSD) Intervention in a Vulnerable Population of Patients with Diabetes Type 1 & 2: Evaluation Feasibility and Efficacy*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

Lu, Y. (2016). "Understanding Alzheimer's Disease", Agape International Christian Church, Carmel, IN.

Martin, R., & Hansell, K. (2017). *FRAIM your Falls: Original Research, Development and Implementation*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

Martin, R. (2017). *Preventing Newborn Readmissions for Hyperbilirubinemia*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

May, L., & Wolf, E. (2017). *Where can I get help with...? Improving Access to Community Resources*, The 2017 Robert G. Bringle Civic Engagement Showcase (CES), Indianapolis, IN.

Murray, T., Ferguson, D., Schneider, M., Gill, E., & Bailey, M. (2017). *Early Progressive Mobility Impacting Patient Outcomes*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

Storey, S., Hershey, D., Brady, V. J., & Olausson, J. (2016) *Glycemic Challenges in Patients with Cancer*. American Association of Diabetes Educators. San Diego, CA. August 11-14

Waggoner, B. (2016). *Improving Patient Safety through the Initiation of a Massive Transfusion Protocol in the Obstetric Hemorrhage Patient*. ISNA Convention, Indiana State Nurses Association (ISNA), Kokomo, IN, September.

Waggoner, B. (2017). *Optimizing Obstetric Blood Product Administration A Process Improvement Strategy*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

Wornhoff, B. (2017). *Spreading Best Practices Across a Variety of Transitions*. The 2017 NACNS Annual Conference, Atlanta, GA, March.

Online Preceptor Program!

Many thanks to all our CNS student preceptors! If you haven't heard, IUSON and NACNS partnered to update and launch the new online CNS Preceptor Training program. "Developing Your Skills as a CNS Preceptor." [For more information, see the IUSON CPDLL Online Courses page.](#)

Questions for the Master's Advisor?

If you have any questions regarding any of our masters programs, please [contact](#)

[Colleen Cleary](#) at 317-274-2806.

Social Media

Follow **IU School of Nursing** on Facebook, Twitter, and Instagram! Please share with anyone interested. Here's how to find us:

- [Facebook](#)
- **Twitter:** @IUSONIndy
- **Instagram:** iusonindy

CNS Newsletter Submissions

The CNS Newsletter is electronically published and widely distributed bi-annually in the Fall and Spring.

[Look for us on the IUSON careers page](#) or [find us on the IUSON MSN page](#)

If you are an IU alumnus(a) or student and have something to include in the newsletter, please [send to Jasmine Mosley](#).